

ANTI-BULLYING WEEK 2024

CHOOSE

RESPECT

#ANTIBULLYINGWEEK

Monday 11th to
Friday 15th November

Odd Socks
Day 2024



Tuesday 12th November



CALL TO ACTION

From playgrounds to parliament, our homes to our phones, this Anti-Bullying Week let's 'Choose Respect' and bring an end to bullying which negatively impacts millions of young lives.

This year, we'll empower children and young people to not resort to bullying, even when we disagree and remind adults to lead by example, online and offline.

Imagine a world where respect and kindness thrives — it's not just a dream, it's in the choices we make. Join us this Anti-Bullying Week and commit to 'Choose Respect'. What will you choose?



https://youtu.be/sZ_CkltlgS4



WHAT IS BULLYING?

Anti-Bullying Alliance's Definition:

The **repetitive, intentional hurting** of one person or group by another person or group, where the relationship involves an **imbalance of power**. Bullying can be physical, verbal or psychological.

It can happen face to face or online.



Ground Rules

- 1. Listen carefully**
- 2. Do not talk over others**
- 3. Respect each other**



Why is respect important?

- It helps us to feel safe and to express ourselves.
- Being respected teaches others how to be respectful.
- To accept somebody for who they are, even when they're different from you or you don't agree with them.
- Respect builds feelings of trust, safety, and wellbeing. Respect doesn't have to come naturally – it is something you learn



<https://youtu.be/gkCfq3xsrsM>



CHOOSE RESPECT POEM



**Choose Respect, it's Fundamental,
Essential in life and elemental,
Without it, relationships can be temperamental,
Which can end up being detrimental.**



Jordan Henderson

Respect is huge. You know, we're always

Clip from "Where Greatness is Made - England Men's Interview", Nationwide

<https://youtu.be/xJN4JE7h4S0>

WHAT IS RESPECT?

Oxford Languages definition:

Have due regard for (someone's feelings, wishes, or rights).

Think, Pair, Share



Is respect
something that is
earned?

Think, Pair, Share

**What does respect
mean to me?**



West Coventry Way and respect

Being a part of a school community means building relationships with everyone and appreciating the differences we all have. Having the right manners, as well as being polite and knowing how to project the best version of ourselves to others.

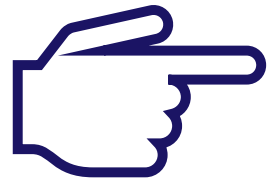




CHOOSE RESPECT POEM

**Choose to Respect everyone's perspective,
A difference in opinion, that's our prerogative. Listen to
others and be appreciative,
Rather than inconsiderate and argumentative.**

GROUP DISCUSSION



Is it possible to disagree and argue respectfully without resorting to bullying?



Is it important that we know how to disagree respectfully without resorting to bullying?







<https://youtu.be/ZVvE0jS1K3M>







TASK

Your top 5 Choose Respect tips

OUR TOP CHOOSE RESPECT TIPS

-  **1) Active listening**
-  **2) Use "I" statements**
-  **3) Stay calm and take breaks**
-  **4) Focus on behaviour, not character**

OUR TOP CHOOSE RESPECT TIPS

-  **5) Seek common ground**
-  **6) Agree to disagree**
-  **7) Don't resort to making things personal**
-  **8) Reflect and learn**



CHOOSE RESPECT POEM

**Choose to respect the disrespectful,
Don't allow them to feel powerful.
Don't fight back with words that are hurtful,
Or act impulsively and end up regretful.**

RESPECT IN ACTION



Demonstrating respect for others, self-respect, and being respected are interlinked elements essential for fostering healthy and positive interactions.

CHOOSE RESPECT POEM

**Choose to respect the disrespected,
Respect is something that is reflected.
Respect can prevent someone from feeling rejected,
Respect is a cycle that is interconnected.**

This **ANTI-BULLYING WEEK** we are holding

✕ **ODD SOCKS DAY** on
TUESDAY 12TH NOVEMBER 2024

**Odd
Socks
Day** 

Come to school
wearing your odd
socks to celebrate
what makes us all
unique!





CHOOSE RESPECT POEM

**Choose to make respect an easy decision.
I choose, you choose, we choose respect.**



RESPECT

8A ↗	357
8B ↗	432
8C ↗	713
8D ↗	400
8E ↗	659
8F ↗	381
8G ↗	501
8H ↗	408